



El cuidado paliativo  
inmenso amor por la vida

### ASOCIACIÓN GIRASOL is now in its eleventh year!

We are going into our eleventh year of helping families and users.

Completing and/or helping to bring their lives to a close in the best way possible. This year we took the initiative to add a new town to our working area, which is La Roda de Andalucía, in the province of Seville, where we have active volunteers and we hope to be able to expand our work there each year.

Throughout 2022 we have attended to 45 users with their families, as well as 8 incidental users whom we have been able to advise, and 24 patients continuing from last year with their families. In total we have helped about 140 people throughout 2022.

We continue to work from Monday to Friday, from 10-13.30 and also offer a telephone and What's App service on those 5 days. Our relationship with social groups (Town Halls, Health Centres, The Palliative Care team in the Hospital of Antequera etc) has been consolidated, communications have improved and we continue to improve and expand contact with other groups such as private companies.

As regards fund raising, our volunteers, as ever, continue to raise most of our funds. Without their dedication and commitment, Girasol could not continue to offer free disinterested help to so many families and users. In fact, at this moment is doing better than ever in the markets and at its events and we aim to continue working to expand into all the markets and towns that we can.



## THE VAN

Everybody who knows Girasol knows that the van has been one of our greatest achievements. This year we want to acquire a ramp so that we can transport people who have motor skill problems, and make even more use of it.

We aim to install the ramp in the van in the near future, thanks to one private donation and we are looking for further funds to finance it.

## NEW WORK ZONES

In 2022, we have added a new área to our established work zone: La Roda de Andalucía, province of Seville, where we are beginning to make contact with local organisations. In addition, we are still doing work in the area of Antequera: Alameda, Fuente de Piedra, Humilladero, Mollina, Villanueva de Algaidas, Cuevas Bajas, Cuevas de San Marcos, Sierra de Yeguas, Bobadilla, Antequera, Archidona, Cartaojal y Campillos.



## WE SAY TO TWO OF MOST COMMITTED VOLUNTEERS

## GOODBYE OUR

This year, 2 very dear and highly appreciated volunteers, who have worked ceaselessly for AG, have left us. Thank you to Kate and Steve Perkes for all these years of commitment and for all the work you have done for us.



## FUND RAISING

We all know that fund raising is pivotal to our ability to carry on helping, acquiring new equipment and recycling the old.

As you know, our funds mainly come from the market stalls we run in Saydo, Alameda and Humilladero, this is augmented by the different events organized by our British and Spanish communities and by some public grants which we receive.

This year, we must make special mention of the different grants received from La Caixa, Subvención del Ayuntamiento de Antequera y Consortium of the 4 Ayuntamientos de Alameda, Fuente de Piedra, Humilladero y Mollina.



## CALENDARS

This year we decided to change the theme and base our calendar on photographs of the different places, people and things which make up our Association.

Each month of the year has its own photo and description and the different logos of supporters.



## DAY CENTRE

We have been running the Day Centre now for 7 years. As you know, this is a space in our headquarters, set aside for therapies, switching off and relaxing for our patients and their families. It is open once a week for the whole morning, according to the needs and availability of the users.

All the therapies and workshops which take place in the Day Centre are free and are run under the supervision of one of our professional team



## PALLIATIVE CARE DAY

Every year, on International Palliative Care Day, Asociación Girasol organises a series of candle events in the towns where we work.

This event consists of people lighting a candle in memory of a loved one who is no longer with us or who is fighting a disease such as cancer. This year we were lucky enough to accompany the event with live music provided by Kate Perkes on violin and Jim Haig on keyboard.

This year we celebrated in Alameda, Fuente de Piedra, Humilladero, Mollina y Villanueva de Algaidas.

For the First time this year, we ran an information stall on Palliative Care Day in the Hospital of Antequera, where two of our professional team were available to give information about our work.





## ASOCIACIÓN GIRASOL EVENTS

Throughout 2022 there have been several events, such as the Grand Spring Draw, the Feria de Asociaciones, Sales in the Centro Comercial de Antequera etc. As well as these, there are the regular events like the Football Card, the Saydo stall, the sale of jams and marmalades, various raffles, and the markets in Alameda and Humilladero





## HELP AND ATTENTION OFFERED AND ASKED FOR

As we have said, we have been working in Girasol for 11 years now, attending to patients as well as their families and carers ; We have assisted a total of 261 people with advanced or incurable illnesses

Among the help offered is the following:

- |                   |                    |
|-------------------|--------------------|
| Loan of Equipment | Psychological Help |
| Transport         | Social Help        |
| Care Assessment   | Physiotherapy      |
| The Day Centre    |                    |

All these services are offered free of charge, thanks to the professional team we have, which consists of a psychologist, a Social Worker, Nursing Help and



Administrative Help. Of course, we must not forget the vitally important work carried out by our British and Spanish volunteers.

## THANKS

We must thank once again the Ayuntamiento de Antequera, Obra Social La Caixa y Consorcio de los 4 Ayuntamientos (Alameda, Fuente de Piedra, Humilladero y Mollina).

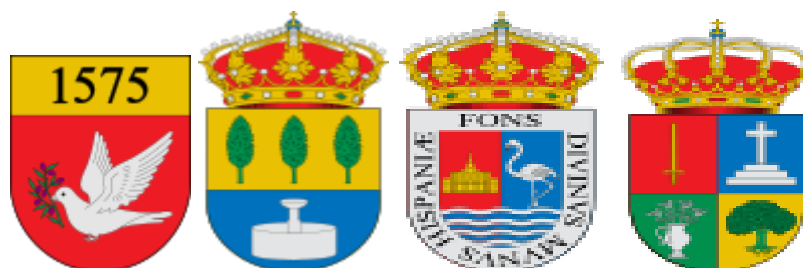
They have helped us with grants for the maintenance of the Association, like payroll, social security, telephone bills etc as well as part payment of the van and new equipment. These are the grants we have received in 2022. Although they may play a small part in the totality of Girasol, we could not exist without them.

In addition, we must give special thanks to all the active British and Spanish volunteers who are so committed to doing important voluntary work and ceaselessly raising funds to improve our Asociación. In particular the group of friends in La Posada and La Viña who raise money every year and this year, the special private donation which has made the purchase of the ramp possible.

Finally, another thanks to Steve and Kate Perkes. They have worked hard for many years, and have been very committed to the organization. They leave big shoes to fill.

We could not carry on without the work of the volunteers, it is through their work that we can carry on offering help and assistance.

Thank you again to the founders, workers, Junta Directiva, friends of AG, followers, patrons, and all the local businesses and associations which support us.



Ayuntamiento  
de Antequera









## HAZTE SOCI@/ VOLUNTARI@ DE ASOCIACIÓN GIRASOL

Si desea asociarse, hacer algún tipo de voluntariado o necesita ayuda en algún momento, puedes contactarnos a través de:

- Telf.: [687.089.951](tel:687.089.951) (llamadas o WhatsApp)
- Correo electrónico: [info@asociaciongirasol.com](mailto:info@asociaciongirasol.com)
- Sede: C/ Nueva, s/n. Antigua Casa de la Cultura. Alameda, 29530 (Málaga)

CIF: [G- 93098721](#)

Cuenta bancaria en Unicaja: ES21 2103 0222 1300 1003 6991

Cuenta bancaria en Caixa: ES47 2100 5442 8802 0002 8998



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